

## SFA Wellness Committee

SFA Name: ISANA Academies

FSMC/Vendor Name: Better 4 You Meals

Date: 02/14/2022

### Attendees:

John Vargas, Beverly Thompson, Viri Mata, Humberto Huerta, Deborah Casanova, Jorge Gonzalez, Alex Angel, and Diana Gonzalez.

### Agenda:

1. Current policy review/assessment
  - a. Overview of assessment
  
2. Physical Activity/Education
  - a. Promotion & Goals
  
3. Nutrition & Nutrition Education
  - a. Promotion & Goals
  
4. Community Outreach
  
5. Menu review and feedback
  - a. Variety
  - b. Fruit and veggies
  
6. Set next meeting date: May 2, 2022

This institution is an equal opportunity provider.