



# September 2021 Breakfast Menu "A"



Monday	Tuesday	Wednesday	Thursday	Friday
<b>DAILY CEREAL OPTION</b>				
Cereal w/ Honey Grahams	Cereal w/ Cinnamon Grahams	Cereal w/ Strawberry Grahams	Cereal w/ Cinnamon Grahams	Cereal w/ Granola
<b>FEATURED ENTRÉE OF THE DAY</b>				
30	31	1	2	3
Cinnamon Delight	French Toast	Cranberry Oatmeal Round	Chicken Sausage & Pancake w/ Syrup	Pan Dulce
<i>100% Fruit Juice &amp; Whole Fruit</i>	<i>Orange &amp; Whole Fruit</i>	<i>Apple Sauce &amp; Whole Fruit</i>	<i>100% Fruit Juice &amp; Whole Fruit</i>	<i>Green Apple &amp; Whole Fruit</i>
6	7	8	9	10
Labor Day	Mini Blueberry Pancakes	Mantecada Sweet Bread	Breakfast Cheese Tamale	Pineapple Empanada
	<i>Orange &amp; Whole Fruit</i>	<i>Seasonal/ Pear &amp; Whole Fruit</i>	<i>100% Fruit Juice &amp; Whole Fruit</i>	<i>Apple &amp; Whole Fruit</i>
13	14	15	16	17
Chocolate Chip Muffin Flat	Bean & Cheese Burrito <i>Hot Sauce</i>	Mango Bar	Egg & Cheese Sandwich	Mini Soybutter & Jelly Sandwich
<i>100% Fruit Juice &amp; Whole Fruit</i>	<i>Orange &amp; Whole Fruit</i>	<i>Apple Sauce &amp; Whole Fruit</i>	<i>100% Fruit Juice &amp; Whole Fruit</i>	<i>Green Apple &amp; Whole Fruit</i>
20	21	22	23	24
Coffee Cake	Mini Banana Pancakes	Fruit Yogurt Parfait Granola	Chicken & Waffle w/ Syrup	Strawberry Muffin
<i>100% Fruit Juice &amp; Whole Fruit</i>	<i>Orange &amp; Whole Fruit</i>	<i>Apple Sauce &amp; Whole Fruit</i>	<i>100% Fruit Juice &amp; Whole Fruit</i>	<i>Green Apple &amp; Whole Fruit</i>
27	28	29	30	1
Cinnamon Delight	French Toast	Cranberry Oatmeal Round	Chicken Sausage & Pancake w/ Syrup	Pan Dulce
<i>100% Fruit Juice &amp; Whole Fruit</i>	<i>Orange &amp; Whole Fruit</i>	<i>Apple Sauce &amp; Whole Fruit</i>	<i>100% Fruit Juice &amp; Whole Fruit</i>	<i>Green Apple &amp; Whole Fruit</i>
All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. Menus are subject to change without notice.				



# September 2021 K-8 Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEKLY 5 FAVE</b>				
<b>Cheeseburger w/ Oven Baked Fries</b>	<b>Beef Nachos w/ Tortilla Chips</b>	<b>Chicken Nuggets &amp; Mash</b>	<b>Baked Ziti w/ Meat Sauce</b>	<b>Beef, Bean &amp; Cheese Burrito Hot Sauce</b>
<b>SANDWICH OF THE DAY</b>				
<b>Turkey Ham &amp; Cheese Croissant Mayonnaise</b>	<b>Italian Combo on Hoagie Roll</b>	<b>Chicken Salad Sandwich</b>	<b>Chicken &amp; Cheese Pita Cucumber Slices</b>	<b>Soybutter &amp; Jelly</b>
<b>FEATURED ENTRÉE OF THE DAY</b>				
30	31	1	2	3
<b>Beef Hot Dog Oven Baked Fries</b>	<b>Chicken Tamale Mixed Vegetables</b>	<b>Chicken Alfredo Pasta w/ Steamed Broccoli Whole Grain Cookie</b>	<b>BBQ Meatballs w/ Seasoned Potato Wedges Dinner Roll</b>	<b>Chicken Enchiladas w/ Red Sauce</b>
<i>Oven Baked Fries w/ Ketchup</i>	<i>Baby Carrots</i>	<i>Tuscan White Bean Salad</i>	<i>Baby Carrots</i>	<i>Mixed Green Salad w/ Ranch</i>
<i>Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Orange</i>	<i>100% Fruit Juice</i>
6	7	8	9	10
<b>Labor Day</b>	<b>Chicken Teriyaki w/ Chow Mein Noodles</b>	<b>Meatloaf Mash &amp; Gravy Dinner Roll</b>	<b>Chicken Burrito Bowl Whole Grain Dessert</b>	<b>Meatball Sub Sandwich</b>
	<i>Baby Carrots</i>	<i>Pinto Bean Salad</i>	<i>Baby Carrots</i>	<i>House Salad w/ Italian</i>
	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Orange</i>	<i>100% Fruit Juice</i>
13	14	15	16	17
<b>Chicken Patty Burger Oven Baked Fries</b>	<b>Cheese Lasagna w/ Tomato Basil Sauce</b>	<b>Build Your Own Turkey Tacos w/ Refried Beans Tortillas</b>	<b>Breakfast for Lunch: Pancake, Chicken Sausage &amp; Seasoned Wedges Syrup</b>	<b>Mac &amp; Cheese Whole Grain Dessert</b>
<i>Oven Baked Fries w/ Ketchup</i>	<i>Baby Carrots</i>	<i>Jicama &amp; Bean Salad w/ Tajin Dressing</i>	<i>Baby Carrots</i>	<i>Kale &amp; Green Apple Salad w/ Ranch</i>
<i>Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Orange</i>	<i>100% Fruit Juice</i>
20	21	22	23	24
<b>Honey-Mustard Grilled Chicken Sandwich Oven Baked Fries</b>	<b>Turkey Chili w/ Original Popped Chips</b>	<b>Orange Chicken w/ "Not So Fried" Rice</b>	<b>Spaghetti &amp; Meatballs</b>	<b>Hamburger BBQ Popped Chips Ketchup</b>
<i>Oven Baked Fries w/ Ketchup</i>	<i>Baby Carrots</i>	<i>Sweet Edamame Salad</i>	<i>Baby Carrots</i>	<i>Lettuce, Tomato &amp; Pickle Kit</i>
<i>Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Orange</i>	<i>100% Fruit Juice</i>
27	28	29	30	1
<b>Beef Hot Dog Oven Baked Fries</b>	<b>Chicken Tamale Mixed Vegetables</b>	<b>Chicken Alfredo Pasta w/ Steamed Broccoli Whole Grain Cookie</b>	<b>BBQ Meatballs w/ Seasoned Potato Wedges Dinner Roll</b>	<b>Chicken Enchiladas w/ Red Sauce</b>
<i>Oven Baked Fries</i>	<i>Baby Carrots</i>	<i>Tuscan White Bean Salad</i>	<i>Baby Carrots</i>	<i>Mixed Green Salad w/ Ranch</i>
<i>Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Orange</i>	<i>100% Fruit Juice</i>

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