



# March 2022 Breakfast Menu "A"



Monday	Tuesday	Wednesday	Thursday	Friday
<b>DAILY CEREAL OPTION</b>				
Cereal w/ Granola	Cereal w/ Chocolate Grahams	Cereal w/ Cinnamon Grahams <i>(w/ whole fruit on 3/16)</i>	Cereal w/ Honey Grahams	Cereal w/ Cinnamon Grahams
<b>FEATURED ENTRÉE OF THE DAY</b>				
28	1	2	3	4
<b>Whole Grain Bagel w/ Strawberry Cream Cheese</b>	<b>Mini Blueberry Pancakes</b>	<b>Mango Muffin</b>	<b>Chicken &amp; Waffle</b> <i>Syrup</i>	<b>Apple Empanada</b>
<i>Dried Fruit (1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>Banana (1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>Green Apple (1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>100% Fruit Juice (4 oz) &amp; Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) &amp; Whole Fruit (1/2 c)</i>
7	8	9	10	11
<b>Pan Dulce</b>	<b>Bean &amp; Cheese Burrito</b> <i>Hot Sauce</i>	<b>Banana Bread</b>	<b>Egg &amp; Sausage Sandwich</b>	<b>Cranberry Oatmeal Round</b>
<i>Applesauce (1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>Banana(1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>Green Apple &amp; Whole Fruit (1/2 c)</i>	<i>100% Fruit Juice (4 oz) &amp; Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) &amp; Whole Fruit (1/2 c)</i>
14	15	16	17	18
<b>Cinnamon Delight</b>	<b>Breakfast Cheese Tamale</b>	<b>Fruit Yogurt Parfait Granola</b>	<b>Mini Chocolate Chip Pancakes</b>	<b>Coffee Cake</b>
<i>Dried Fruit (1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>Banana(1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>Whole Fruit</i>	<i>100% Fruit Juice (4 oz) &amp; Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) &amp; Whole Fruit (1/2 c)</i>
21	22	23	24	25
<b>Banana Muffin Flat</b>	<b>Mini Maple Pancakes</b>	<b>Mantecada</b>	<b>Chicken Sausage &amp; Pancake</b> <i>Syrup</i>	<b>Pan Dulce</b>
<i>Dried Fruit (1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>Banana(1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>Green Apple &amp; Whole Fruit (1/2 c)</i>	<i>100% Fruit Juice (4 oz) &amp; Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) &amp; Whole Fruit (1/2 c)</i>
28	29	30	31	1
<b>Whole Grain Bagel w/ Strawberry Cream Cheese</b>	<b>Mini Blueberry Pancakes</b>	<b>Orange Muffin</b>	<b>Chicken &amp; Waffle</b> <i>Syrup</i>	<b>Apple Empanada</b>
<i>Applesauce (1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>Banana(1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>Green Apple &amp; Whole Fruit (1/2 c)</i>	<i>100% Fruit Juice (4 oz) &amp; Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) &amp; Whole Fruit (1/2 c)</i>
All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. Menus are subject to change without notice.				



# March 2022 K-8 Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEKLY 5 FAVE</b>				
<b>Cheeseburger</b> <b>Oven Baked Fries</b> <i>Ketchup</i>	<b>Cheese Lasagna</b> <b>w/ Tomato Basil Sauce</b>	<b>Beef Nachos</b> <b>w/ Tortilla Chips</b>	<b>Chicken Tamale w/ Mixed Veg</b>	<b>Bean &amp; Cheese Burrito</b> <i>Hot Sauce</i>
<b>SANDWICH OF THE DAY</b>				
<b>Deli Chicken Sandwich</b> <i>Mayonnaise</i> <b>Side of Baked Fries w/ Ketchup</b>	<b>Turkey Bologna &amp; Cheese Sandwich</b> <i>Mayonnaise</i> <b>Baby Carrots 1/4 c</b>	<b>Turkey Salami &amp; Cheese Sandwich</b> <i>Mayonnaise</i> <b>Nacho Chips w/ Bean Dip</b>	<b>Chicken Salad &amp; Cheese Sandwich</b> <b>Fruitable Juice (4 oz)</b>	<b>Ham *PORK* &amp; Cheese Sandwich on WG Bun</b> <i>Mayonnaise</i>
<b>ENTRÉE SALAD OF THE DAY</b>				
	<b>Cajun Chicken Salad</b> <i>Original Popped Chips</i>	<b>Chicken Taco Salad</b> <i>Tortilla Chips</i> <i>Ranch Dressing</i>	<b>Buffalo Chicken Salad</b> <i>Wheat Crackers</i> <i>Ranch Dressing</i>	<b>Tuna Salad</b> <i>Dinner Roll</i> <i>Ranch</i>
<b>FEATURED ENTRÉE OF THE DAY</b>				
28	1	2	3	4
<b>Turkey Taco Burger</b> <b>Oven Baked Fries</b> <i>Ketchup</i>	<b>Ramen Soup w/ Chicken &amp; Vegetables</b>	<b>Build Your Own Turkey Tacos</b> <b>w/ Refried Beans</b> <b>Tortillas</b>	<b>Baked Ham *PORK*</b> <b>w/ Mashed Potatoes</b> <b>Dinner Roll</b>	<b>Chicken Alfredo Pasta</b> <i>WG Chocolate Chip Cookie</i>
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots 1/2 c</i>	<i>Cucumber w/Tajin 1/4 c</i>	<i>Baby Carrots 1/4 c</i>	<i>House Salad w/ Italian</i>
<i>Green Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>
7	8	9	10	11
<b>Corn Dog</b> <b>Oven Baked Fries</b> <i>Ketchup</i>	<b>Baked Ziti w/ Meat Sauce</b>	<b>Chicken Burrito Bowl</b> <i>WG Oatmeal Cookie</i>	<b>Breakfast for Lunch:</b> <b>Pancake, Chicken Sausage &amp; Seasoned Wedges</b> <i>Syrup</i>	<b>Mac &amp; Cheese</b> <i>BBQ Popped Chips</i>
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots 1/2 c</i>	<i>Jicama w/ Tajin 1/4 c</i>	<i>Baby Carrots 1/4 c</i>	<i>Kale &amp; Green Apple Salad w/ Ranch</i>
<i>Green Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>
14	15	16	17	18
<b>Chicken Patty Burger</b> <b>Oven Baked Fries</b> <i>Ketchup</i>	<b>Chicken Tortilla Soup</b> <i>w/ Tortilla Chips</i>	<b>Turkey Chili</b> <i>w/ Original Popped Chips</i>	<b>Spaghetti &amp; Meatballs</b>	<b>Fish Patty Melt</b> <i>WG Chocolate Chip Cookie</i> <i>Ketchup</i>
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots 1/2 c</i>	<i>Cucumber w/Tajin 1/4 c</i>	<i>Baby Carrots 1/4 c</i>	<i>House Salad w/ Italian</i>
<i>Green Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>
21	22	23	24	25
<b>Beef &amp; Pork Hot Dog</b> <b>Oven Baked Fries</b> <b>Ketchup</b>	<b>Chicken Teriyaki</b> <b>w/ Yakisoba Noodles</b>	<b>Beef Picadillo w/ Black Beans</b> <i>w/ Nacho Popped Chips</i>	<b>Chicken Drumstick</b> <b>w/ Seasoned Wedges</b> <i>Corn Muffin</i>	<b>Red Cheese Enchiladas</b> <b>w/ Red Sauce</b>
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots 1/2 c</i>	<i>Jicama w/ Tajin 1/4 c</i>	<i>Baby Carrots 1/4 c</i>	<i>Mixed Green Salad w/ Ranch</i>
<i>Green Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>
28	29	30	31	1
<b>Turkey Taco Burger</b> <b>Oven Baked Fries</b> <i>Ketchup</i>	<b>Chicken Noodle Soup</b> <b>w/ Vegetables</b>	<b>Build Your Own Turkey Tacos</b> <b>w/ Refried Beans</b> <b>Tortillas</b>	<b>Chicken Nuggets</b> <b>Mashed Potatoes</b> <i>Ketchup</i>	<b>Chicken Alfredo Pasta</b> <i>WG Chocolate Chip Cookie</i>
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots (1/2 c)</i>	<i>Cucumber w/Tajin</i>	<i>Baby Carrots 1/4 c</i>	<i>House Salad w/ Italian</i>
<i>Green Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Pear</i>	<i>Apple</i>
<small>All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. Menus are subject to change without notice.</small>				