



February 2022 Breakfast Menu "A"



Monday	Tuesday	Wednesday	Thursday	Friday
DAILY CEREAL OPTION				
Cereal w/ Granola	Cereal w/ Chocolate Grahams	Cereal w/ Cinnamon Grahams <i>(w/ whole fruit on 2/16)</i>	Cereal w/ Honey Grahams	Cereal w/ Cinnamon Grahams
FEATURED ENTRÉE OF THE DAY				
31	1	2	3	4
Whole Grain Bagel w/ Strawberry Cream Cheese	Mini Blueberry Pancakes	Orange Muffin	Chicken & Waffle Syrup	Apple Empanada
<i>Dried Fruit (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Banana (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Green Apple (1/2 c) & Whole Fruit (1/2 c)</i>	<i>100% Fruit Juice (4 oz) & Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) & Whole Fruit (1/2 c)</i>
7	8	9	10	11
Pan Dulce	Bean & Cheese Burrito Hot Sauce	Mantecada	Egg & Sausage Sandwich	Mini Soybutter & Jelly Sandwich
<i>Dried Fruit (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Banana (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Green Apple (1/2 c) & Whole Fruit (1/2 c)</i>	<i>100% Fruit Juice (4 oz) & Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) & Whole Fruit (1/2 c)</i>
14	15	16	17	18
Cinnamon Delight	Breakfast Cheese Tamale	Fruit Yogurt Parfait Granola	Mini Chocolate Chip Pancakes	Coffee Cake
<i>Dried Fruit (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Banana (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Green Apple (1/2 c) & Whole Fruit (1/2 c)</i>	<i>100% Fruit Juice (4 oz) & Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) & Whole Fruit (1/2 c)</i>
21	22	23	24	25
Banana Muffin Flat	Mini Maple Pancakes	Pan Dulce	Chicken Sausage & Pancake Syrup	Banana Bread
<i>Dried Fruit (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Banana (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Green Apple (1/2 c) & Whole Fruit (1/2 c)</i>	<i>100% Fruit Juice (4 oz) & Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) & Whole Fruit (1/2 c)</i>
28	1	2	3	4
Whole Grain Bagel w/ Strawberry Cream Cheese	Mini Blueberry Pancakes	Mango Muffin	Chicken & Waffle Syrup	Apple Empanada
<i>Dried Fruit (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Banana (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Green Apple (1/2 c) & Whole Fruit (1/2 c)</i>	<i>100% Fruit Juice (4 oz) & Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) & Whole Fruit (1/2 c)</i>
All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. Menus are subject to change without notice.				



February 2022 K-8 Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
WEEKLY 5 FAVE				
Cheeseburger Oven Baked Fries <i>Ketchup</i>	Cheese Manicotti w/ Tomato Basil Sauce	Turkey Nachos w/ Tortilla Chips	Chicken Tamale w/ Mixed Veg	Beef, Bean & Cheese Burrito <i>Hot Sauce</i>
SANDWICH OF THE DAY				
Italian Combo Sandwich <i>Mayonnaise</i> Side of Baked Fries w/ Ketchup	Chicken Salad & Cheese Sandwich Baby Carrots 1/4c	Turkey Bologna & Cheese Sandwich <i>Mayonnaise</i> Nacho Chips w/ Bean Dip	Deli Chicken & Cheese Sandwich <i>Mayonnaise</i> Fruitable Juice (4 oz)	Turkey & Cheese Sandwich <i>Mayonnaise</i>
ENTRÉE SALAD OF THE DAY				
	Mediterranean Chicken Salad <i>Original Popped Chips</i>	Chicken Taco Salad <i>Tortilla Chips Ranch Dressing</i>	Buffalo Chicken Salad <i>Wheat Crackers Ranch Dressing</i>	Tuna Salad <i>Dinner Roll Ranch</i>
FEATURED ENTRÉE OF THE DAY				
31	1	2	3	4
Beef Chili Cheese Fries <i>Tortilla Chips</i>	Ramen Soup w/ Chicken & Vegetables	Build Your Own Turkey Tacos w/ Refried Beans Tortillas	Chicken Nuggets & Mashed Potatoes <i>Ketchup</i>	Chicken Alfredo Pasta <i>WG Chocolate Chip Cookie</i>
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots (1/2 c)</i>	<i>Cucumber w/ Tajin</i>	<i>Baby Carrots (1/4 c)</i>	<i>House Salad w/ Italian</i>
<i>Green Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>
7	8	9	10	11
Corn Dog Oven Baked Fries <i>Ketchup</i>	Baked Ziti w/ Meat Sauce	Chicken Burrito Bowl & WG Oatmeal Cookie	Breakfast for Lunch: Pancake, Chicken Sausage & Seasoned Wedges <i>Syrup</i>	Mac & Cheese <i>BBQ Popped Chips</i>
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots (1/2 c)</i>	<i>Jicama w/ Tajin</i>	<i>Baby Carrots (1/4 c)</i>	<i>Kale & Green Apple Salad w/ Ranch</i>
<i>Green Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>
14	15	16	17	18
Chicken Patty Burger Oven Baked Fries w/ ketchup <i>Holiday Cookie</i>	Chicken Tortilla Soup <i>Tortilla Chips</i>	Turkey Chili <i>w/ Original Popped Chips</i>	Spaghetti & Meatballs	Turkey Melt on Steak Roll <i>Mayonnaise</i>
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots (1/2 c)</i>	<i>Cucumber w/ Tajin</i>	<i>Baby Carrots (1/4 c)</i>	<i>House Salad w/ Italian</i>
<i>Green Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>
21	22	23	24	25
Beef Hot Dog Oven Baked Fries <i>Ketchup</i>	Chicken Teriyaki w/ Yakisoba Noodles	Beef Picadillo w/ Black Beans <i>w/ Nacho Popped Chips</i>	Meatloaf w/ Seasoned Wedges WG Corn Muffin <i>Ketchup</i>	Chicken Enchiladas w/ Red Sauce
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots (1/2 c)</i>	<i>Jicama w/ Tajin</i>	<i>Baby Carrots (1/4 c)</i>	<i>Mixed Green Salad w/ Ranch</i>
<i>Green Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>
28	1	2	3	4
Turkey Taco Burger Oven Baked Fries <i>Ketchup</i>	Ramen Soup w/ Chicken & Vegetables	Build Your Own Turkey Tacos w/ Refried Beans Tortillas	Chicken Nuggets Mashed Potatoes <i>Ketchup</i>	Chicken Alfredo Pasta <i>WG Chocolate Chip Cookie</i>
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots (1/2 c)</i>	<i>Cucumber w/ Tajin</i>	<i>Baby Carrots (1/4 c)</i>	<i>House Salad w/ Italian</i>
<i>Green Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>
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