



June 2022 Breakfast Menu "A"



Monday	Tuesday	Wednesday	Thursday	Friday
DAILY CEREAL OPTION				
Cereal w/ Cinnamon Grahams	Cereal w/ Chocolate Grahams	Cereal w/ Cinnamon Grahams <i>(w/ whole fruit on 6/8 & 6/22)</i>	Cereal w/ Honey Grahams	Cereal w/ Cinnamon Grahams
FEATURED ENTRÉE OF THE DAY				
30	31	1	2	3
Memorial Day	Bean & Cheese Burrito <i>Hot Sauce</i>	Banana Bread	Mini Maple Pancakes	Cranberry Oatmeal Round
	<i>Banana (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Green Apple (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Orange (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) & Whole Fruit (1/2 c)</i>
6	7	8	9	10
Cinnamon Delight	Egg & Cheese Sandwich	Yogurt Parfait w/ Fruit Granola	Breakfast Cheese Tamale	Coffee Cake
<i>Orange (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Banana (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Whole Fruit (1/2 c)</i>	<i>Orange (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) & Whole Fruit (1/2 c)</i>
13	14	15	16	17
Whole Grain Bagel w/ Strawberry Cream Cheese	Bean & Cheese Burrito <i>Hot Sauce</i>	Orange Muffin	Chicken Bites & Waffle Syrup	Pan Dulce
<i>Orange (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Banana (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Green Apple (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Orange (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) & Whole Fruit (1/2 c)</i>
20	21	22	23	24
Cranberry Oatmeal Round	Mini Maple Pancakes	Yogurt Parfait w/ Fruit Granola	Breakfast Cheese Tamale	Cinnamon Delight
<i>Orange (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Banana (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Green Apple (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Orange (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) & Whole Fruit (1/2 c)</i>
27	28	29	30	1
Coffee Cake	Bean & Cheese Burrito <i>Hot Sauce</i>	Banana Bread	Egg & Cheese Sandwich	Pan Dulce
<i>Orange (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Banana (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Green Apple (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Orange (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) & Whole Fruit (1/2 c)</i>

All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. Menus are subject to change without notice.



June 2022 K-8 Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
SANDWICH OF THE DAY				
Turkey & Cheese Sandwich on French Roll <i>Side of Baked Fries w/ Ketchup</i>	Deli Chicken & Cheese Sandwich <i>Mayonnaise Baby Carrots (1/2 c)</i>	Turkey & Cheese Sandwich on French Roll <i>Mayonnaise Nacho Chips w/ Bean Dip</i>	Beef Pastrami & Cheese Sandwich <i>Mayonnaise Baby Carrots (1/4 c)</i>	Turkey & Cheese Sandwich on French Roll <i>Mayonnaise</i>
FEATURED ENTRÉE OF THE DAY				
30	31	1	2	3
Memorial Day	Chicken Enchiladas w/ Creamy Green Salsa	Turkey Chili <i>Original Popped Chips</i>	Breakfast for Lunch: Pancake, Chicken Tenders & Seasoned Wedges <i>Syrup</i>	Mac & Cheese <i>BBQ Popped Chips</i>
	<i>Baby Carrots (1/2 c)</i>	<i>Cucumber w/Tajin (1/4 c)</i>	<i>Baby Carrots (1/4 c)</i>	<i>House Salad w/ Italian</i>
	<i>Orange</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>
6	7	8	9	10
Cheeseburger Oven Baked Fries <i>Ketchup</i>	Chicken Tamale w/ Season Corn	Chicken Burrito Bowl <i>Whole Grain Chocolate Chip Cookie</i>	Penne w/ Meat Sauce	Chicken Teriyaki Brown Rice w/ Steamed Broccoli
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots (1/2 c)</i>	<i>Jicama w/ Tajin (1/4 c)</i>	<i>Baby Carrots (1/4 c)</i>	<i>Cucumber w/Tajin (1/4 c)</i>
<i>Green Apple</i>	<i>Orange</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>
13	14	15	16	17
Turkey Taco Burger Oven Baked Fries <i>Ketchup</i>	Chicken Alfredo Pasta w/ Steamed Broccoli	Chicken Fajitas w/ Refried Beans & Peppers <i>Tortillas</i>	Turkey Chili <i>w/ Original Popped Chips</i>	Hamburger <i>Whole Grain Sugar Cookie Ketchup</i>
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots (1/2 c)</i>	<i>Cucumber w/Tajin (1/4 c)</i>	<i>Baby Carrots (1/4 c)</i>	<i>Lettuce, Tomato & Pickle Kit</i>
<i>Green Apple</i>	<i>Orange</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>
20	21	22	23	24
Cheeseburger Oven Baked Fries <i>Ketchup</i>	Chicken Teriyaki Brown Rice w/ Steamed Broccoli	Turkey Nachos <i>Tortilla Chips</i>	Penne w/ Meat Sauce	Chicken Burrito Bowl <i>Whole Grain Chocolate Chip Cookie</i>
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots (1/2 c)</i>	<i>Jicama w/ Tajin (1/4 c)</i>	<i>Baby Carrots (1/4 c)</i>	<i>Cucumber w/Tajin (1/4 c)</i>
<i>Green Apple</i>	<i>Orange</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>
27	28	29	30	1
Turkey Taco Burger Oven Baked Fries <i>Ketchup</i>	Chicken Alfredo Pasta w/ Steamed Broccoli	Chicken Fajitas w/ Refried Beans & Peppers <i>Tortillas</i>	Chicken Tamale w/ Season Corn	Hamburger <i>Whole Grain Sugar Cookie Ketchup</i>
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots (1/2 c)</i>	<i>Cucumber w/Tajin (1/4 c)</i>	<i>Baby Carrots (1/4 c)</i>	<i>House Salad w/ Italian</i>
<i>Green Apple</i>	<i>Orange</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>

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