

# Breakfast Menu K-12



January 2022

MEAL 1	MEAL 2	MEAL 3	MEAL 4	MEAL 5	MEAL 6	MEAL 7
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
28 Blueberry Muffin	29 Pan Dulce	30 Cereal Variety Whole Grain Bites	31 Cranberry Oatmeal Round	1 Waffle Bites	2 Pineapple Empanada	3 Cereal Variety Whole Grain Bites
4 Yogurt Parfait w/ Berries Granola	5 Chicken & Waffle Syrup	6 Cereal Variety Whole Grain Bites	7 Coffee Cake	8 Confetti Pancakes	9 Cranberry Oatmeal Round	10 Cereal Variety Whole Grain Bites
11 Mantecada Sweet Bread	12 Apple Cinnamon Muffin Flat	13 Cereal Variety Whole Grain Bites	14 Mango Bar	15 Mini French Toast Bites	16 Coffee Cake	17 Cereal Variety Whole Grain Bites
18 Apple Empanada	19 Pancake & Chicken Sausage	20 Cereal Variety Whole Grain Bites	21 Cranberry Oatmeal Round	22 Waffle Bites	23 Apple Cinnamon Muffin Flat	24 Cereal Variety Whole Grain Bites
25 Strawberry Muffin	26 Pan Dulce	27 Cereal Variety Whole Grain Bites	28 Pineapple Empanada	29 Cheese Breakfast Tamale	30 Waffle Bites	31 Cereal Variety Whole Grain Bites

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

This institution is an equal opportunity provider.

*All entrées served with whole fruit, fruit cup or 100% fruit juice and offered with choice of 1% milk or fat free milk.*

# Lunch Menu K-8



**January 2022**

MEAL 1	MEAL 2	MEAL 3	MEAL 4	MEAL 5	MEAL 7	MEAL 8
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Sandwich of the Day</b>						
Turkey & Cheese Sandwich Mayonnaise Packet Cucumber Slices	Deli Chicken Sandwich Celery Sticks	Club Sandwich <i>*Contains Pork*</i> Baby Carrots	Wowbutter Sandwich Fruitable Juice	Turkey Pastrami & Cheese Sandwich Mayonnaise Packet Cucumber Slices		
<b>Entrée of the Day</b>						
28 Chicken Enchiladas w/ Green Salsa	29 French Bread Pepperoni Pizza Baby Carrots	30 Cheeseburger Oven Baked Fries Ketchup	31 Chicken Alfredo w/ Broccoli	1 Chicken Burrito Bowl w/ Brown Rice, Beans & Corn	2 Double Dog Fruitable Juice	3 Turkey & Cheese Lunch Kit Baby Carrots
4 Rib-A-Que Beef Patty on French Roll Broccoli Side Salad Ketchup	5 Grilled Chicken Sandwich Oven Baked Fries Ketchup	6 Chicken Tortilla Soup w/ Beans Popped Corn Chips	7 Mac & Cheese Baby Carrots	8 <i>Breakfast 4 Lunch</i> French Toast Sticks, Chicken Sausage & Potato Wedges Syrup	9 Mini Chicken Tacos Refried Beans (2-comp)	10 Cheese Pizza Sliders Fruitable Juice
11 Hamburger Oven Baked Fries Ketchup	12 Bean & Cheese Pupusa Refried Beans	13 Sweet & Sour Chicken Brown Rice & Broccoli	14 Chicken Burrito Salsa Cup	15 Chicken Noodle Soup w/ Vegetables	16 French Bread Pepperoni Pizza Fruitable Juice	17 Cheese Tamale Mixed Vegetables
18 Breaded Chicken Patty Burger Oven Baked Fries Ketchup	19 Beef Nachos Tortilla Chips	20 Chicken Parmesan Pasta <i>Chocolate Chip Cookie</i>	21 Chicken Tamale Mixed Vegetables	22 Grilled Cheese Sandwich Fresh Broccoli <i>Ranch Packet</i>	23 Pepperoni Pizza Wedge Fruitable Juice	24 Cheeseburger Oven Baked Fries Ketchup
25 Albondigas Soup (Mexican Meatball Soup) Tortilla Chips	26 French Bread Pepperoni Pizza Baby Carrots	27 Cheeseburger Oven Baked Fries Ketchup	28 Chicken Alfredo w/ Broccoli	29 Turkey Chili w/ Beans Corn Muffin	30 Double Dog Fruitable Juice	31 Turkey & Cheese Lunch Kit Baby Carrots

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