



December 2021 Breakfast Menu "A"



Monday	Tuesday	Wednesday	Thursday	Friday
DAILY CEREAL OPTION				
Cereal w/ Honey Grahams	Cereal w/ Cinnamon Grahams	Cereal w/ Chocolate Grahams	Cereal w/ Cinnamon Grahams	Cereal w/ Granola
FEATURED ENTRÉE OF THE DAY				
29	30	1	2	3
Cinnamon Delight	Mini Maple Pancakes	Cranberry Oatmeal Round	Chicken Sausage & Pancake w/ Syrup	Pan Dulce
<i>Seasonal Fruit (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Apple Sauce & Whole Fruit (1/2 c)</i>	<i>100% Fruit Juice (4 oz) & Whole Fruit (1/2 c)</i>	<i>Dried Fruit (1/2 c) & Whole Fruit (1/2 c)</i>
6	7	8	9	10
Blueberry Muffin Flat	Bean & Cheese Burrito <i>Hot Sauce</i>	Mantecada Sweet Bread	Egg & Cheese Sandwich	Mini Soybutter & Jelly Sandwich
<i>Seasonal Fruit (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Pear (1/2 c) & Whole Fruit (1/2 c)</i>	<i>100% Fruit Juice (4 oz) & Whole Fruit (1/2 c)</i>	<i>Dried Fruit (1/2 c) & Whole Fruit (1/2 c)</i>
13	14	15	16	17
Coffee Cake	Mini Banana Pancakes	Fruit Yogurt Parfait Granola	Chicken & Waffle w/ Syrup	Blueberry Muffin
<i>Seasonal Fruit (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Apple Sauce</i>	<i>100% Fruit Juice (4 oz) & Whole Fruit (1/2 c)</i>	<i>Dried Fruit (1/2 c) & Whole Fruit (1/2 c)</i>
20	21	22	23	24
Pan Dulce	Coffee Cake	Cereal w/ Chocolate Grahams		
<i>Seasonal Fruit (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) & Whole Fruit (1/2 c)</i>	<i>Pear (1/2 c) & Whole Fruit (1/2 c)</i>		
27	28	29	30	1
All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. Menus are subject to change without notice.				



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