

Week 1 – Dance

Grade: Kinder-1st

<p>Kinder-1st</p>	<p>K.DA:Pr4 (A) a. Make still and moving body shapes that show lines (e.g., straight, bent, and curved), change levels, and vary in size (large/small). Join with others to make a formation and work with others to change its dimension. Find and return to a place in space.</p>	<p>https://www.youtube.com/watch?v=Et0RGcrgkpA&feature=youtu.be</p> <p>*Let's warm our bodies up and get ready to move. We are going to explore all shapes and sizes with our bodies, and then you will have a chance to work with a partner on creating the alphabet with your bodies. Time to stretch, bend, and curve!</p>	
<p>Kinder- 1st</p>	<p>1.DA:Pr4 b. Relate quick, moderate and slow movements to duration in time. Recognize steady beat and move to varying tempi of steady beat.</p>	<p>https://www.youtube.com/watch?v=9sxiFR0Ltqk&feature=youtu.be</p> <p>*Now that you are all warmed-up, it's time to learn some choreography!</p>	<p>https://www.youtube.com/watch?v=1sNPUmZQels</p> <p>*Use some of the choreography that you learned and add them to the rhythm with your sight words. When you hear the word DANCE, go crazy!</p>

Grade: 2nd -3rd

<p>2nd-3rd</p>	<p>2.DA:Cr1 (B) b. Combine a variety of movements while manipulating the elements of dance.</p>	<p>https://www.youtube.com/watch?v=UGuD9Geeb2k</p> <p>*Watch the video to learn about the 5 elements of dance: body, action, space, time, and energy.</p> <p>https://www.youtube.com/watch?v=zolvAAfKxi4&feature=youtu.be</p> <p>*It is important to begin every dance class with a warm-up and deep stretch. Click the link to get started. As you warm-up with the class, think about the elements of dance that you may explore.</p>	
<p>2nd-3rd</p>	<p>2.DA:Cr2 (A) a. Improvise a dance phrase with a beginning, a middle that has a main idea, and a clear end.</p>	<p>https://www.youtube.com/watch?v=6b-2wEkhOnk</p> <p>*Improvising and creating your own movement is fun and exploratory. You can even take a social dance and improvise throughout the choreography.</p>	<p>https://www.education.com/download/worksheet/126974/history-of-dance.pdf</p> <p>*Use the attached worksheet to help you chart out an original dance.</p>

<p>4th -5th</p>	<p>5.DA:Re7</p> <p>a. Find meaning or artistic intent from the patterns of movement in a dance work.</p>	<p>https://www.youtube.com/watch?v=0rUklfT9PI&feature=youtu.be</p> <p>*As you warm-up, think about how movement and culture can be fused to create a variety of artistic work, even in a warm-up. What styles or techniques can be blended for artistic expression?</p>	<p>https://www.youtube.com/watch?v=lcF9Dgke7uk</p> <p>*Take a look at how the Alvin Ailey American Dance Theater has paved the way for many dancers from a variety of communities and physical abilities. The dream, your dream is possible to live.</p> <p>https://www.education.com/download/worksheet/126976/alvin-ailey-biography.pdf</p> <p>*Everyone has a story. Read the autobiography about Alvin Ailey. What did you discover. Tell us in your answers.</p>
<p>4th -5th</p>	<p>4.DA:Cr1 (b)</p> <p>b. Develop a movement problem and manipulate the elements of dance as tools to find a solution.</p>	<p>https://www.youtube.com/watch?v=UGuD9Geeb2k</p> <p>*Watch the video to learn about the 5 elements of dance: body, action, space, time, and energy.</p> <p>https://www.youtube.com/watch?v=Fjvlp1qrRSc&feature=youtu.be</p> <p>*It is important to begin every dance class with a warm-up and deep stretch. Click the link to get started. As you warm-up with the class, think about the elements of dance that you may explore.</p>	 <p>*Develop a movement problem and manipulate the elements of dance as tools to find a solution. For example, how can you use the dance element of space and time to create smooth transitions within choreography? Write out your problem scenario and describe your solution.</p>

<p>6th -8th</p>	<p>8.DA.Cr1 a. Implement movement from a variety of stimuli (e.g., music, observed dance, literary forms, notation, natural phenomena, personal experience/recall, current news or social events) to develop dance content for an original dance study or dance.</p>	<p>https://www.youtube.com/watch?v=zRlpK_yWYwk&feature=youtu.be https://www.youtube.com/watch?v=FjvlpqrRSc&feature=youtu.be</p>	<p>*Select an article covering a topic of your choice in current events. Next, listen to a variety of music and choose one style that stimulates your creativity for your chosen article. Then, create a word bank that describes how the music evokes your emotion and thoughts centered around your current event topic.</p>
<p>6th-8th</p>	<p>6.DA:Pr4 (B) b. Use combinations of sudden and sustained timing as it relates to both the time and the dynamics of a phrase or dance work. Accurately use accented and unaccented beats in a variety of meters.</p>	<p>https://www.youtube.com/watch?v=arlDDt_Pd7c *Take a look at an example of the meaning of sudden and sustained movement, and what it looks like in Hip Hop technique. https://www.youtube.com/watch?v=5pcSaUELWbs&feature=youtu.be *Here is another example of sudden and sustained movement in Horton modern dance technique.</p>	<p>*Videotape yourself creating sudden and sustained movements using any genre of dance (Ballet, Jazz, Hip Hop, Tap, or Traditional Ethnic Dance). Use your selected article and music to inspire your movement choices.</p>