



# August 2021 Breakfast Menu "A"



Monday	Tuesday	Wednesday	Thursday	Friday
<b>DAILY CEREAL OPTION</b>				
Cereal w/ Honey Grahams	Cereal w/ Cinnamon Grahams	Cereal w/ Strawberry Grahams	Cereal w/ Cinnamon Grahams	Cereal w/ Granola
<b>FEATURED ENTRÉE OF THE DAY</b>				
2	3	4	5	6
<b>Cinnamon Delight</b>	<b>Strawberry Muffin</b>	<b>Cranberry Oatmeal Round</b>	<b>Chicken Sausage &amp; Pancake w/ Syrup</b>	<b>Pan Dulce</b>
<i>100% Fruit Juice &amp; Whole Fruit</i>	<i>Orange &amp; Whole Fruit</i>	<i>Apple Sauce &amp; Whole Fruit</i>	<i>100% Fruit Juice &amp; Whole Fruit</i>	<i>Green Apple &amp; Whole Fruit</i>
9	10	11	12	13
<b>Whole Grain Bagel w/ Cream Cheese</b>	<b>Mini Blueberry Pancakes</b>	<b>Mantecada Sweet Bread</b>	<b>Breakfast Cheese Tamale</b>	<b>Pineapple Empanada</b>
<i>100% Fruit Juice &amp; Whole Fruit</i>	<i>Orange &amp; Whole Fruit</i>	<i>Pear &amp; Whole Fruit</i>	<i>100% Fruit Juice &amp; Whole Fruit</i>	<i>Apple &amp; Whole Fruit</i>
16	17	18	19	20
<b>Chocolate Chip Muffin Flat</b>	<b>Bean &amp; Cheese Burrito <i>Hot Sauce</i></b>	<b>Mango Bar</b>	<b>Egg &amp; Cheese Sandwich</b>	<b>Mini Soybutter &amp; Jelly Sandwich</b>
<i>100% Fruit Juice &amp; Whole Fruit</i>	<i>Orange &amp; Whole Fruit</i>	<i>Apple Sauce &amp; Whole Fruit</i>	<i>100% Fruit Juice &amp; Whole Fruit</i>	<i>Green Apple &amp; Whole Fruit</i>
23	24	25	26	27
<b>Coffee Cake</b>	<b>Mini Banana Pancakes</b>	<b>Fruit Yogurt Parfait Granola</b>	<b>Chicken &amp; Waffle w/ Syrup</b>	<b>Strawberry Muffin</b>
<i>100% Fruit Juice &amp; Whole Fruit</i>	<i>Orange &amp; Whole Fruit</i>	<i>Pear &amp; Whole Fruit</i>	<i>100% Fruit Juice &amp; Whole Fruit</i>	<i>Apple &amp; Whole Fruit</i>
30	31	1	2	3
<b>Cinnamon Delight</b>	<b>French Toast</b>	<b>Cranberry Oatmeal Round</b>	<b>Chicken Sausage &amp; Pancake w/ Syrup</b>	<b>Pan Dulce</b>
<i>100% Fruit Juice &amp; Whole Fruit</i>	<i>Orange &amp; Whole Fruit</i>	<i>Apple Sauce &amp; Whole Fruit</i>	<i>100% Fruit Juice &amp; Whole Fruit</i>	<i>Green Apple &amp; Whole Fruit</i>
<b>All entrées served with choice of 1% or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. Menus are subject to change without notice.</b>				



# August 2021 K-8 Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEKLY 5 FAVE</b>				
<b>Cheeseburger w/ Oven Baked Fries</b>	<b>Beef Nachos w/ Tortilla Chips</b>	<b>Chicken Nuggets &amp; Mash</b>	<b>Baked Ziti w/ Meat Sauce</b>	<b>Beef, Bean &amp; Cheese Burrito <i>Hot Sauce</i></b>
<b>SANDWICH OF THE DAY</b>				
<b>Soybutter &amp; Jelly</b>	<b>Chicken &amp; Cheese Pita</b>	<b>Chicken Salad</b>	<b>Turkey Chipotle Wrap</b>	<b>Turkey Ham &amp; Cheese Croissant <i>Mayonnaise</i></b>
<b>FEATURED ENTRÉE OF THE DAY</b>				
2	3	4	5	6
<b>Beef Hot Dog Oven Baked Fries</b>	<b>Chicken Tamale Mixed Vegetables</b>	<b>Chicken Alfredo Pasta w/ Steamed Broccoli <i>Whole Grain Cookie</i></b>	<b>BBQ Meatballs w/ Seasoned Potato Wedges <i>Dinner Roll</i></b>	<b>Chicken Enchiladas w/ Red Sauce</b>
<i>Oven Baked Fries w/ Ketchup</i>	<i>Baby Carrots</i>	<i>Tuscan White Bean Salad</i>	<i>Baby Carrots</i>	<i>Mixed Green Salad w/ Ranch</i>
<i>Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Orange</i>	<i>100% Fruit Juice</i>
9	10	11	12	13
<b>Beef Chili Cheese Fries w/ Original Baked Chips</b>	<b>Chicken Teriyaki w/ Chow Mein Noodles</b>	<b>Oven Roasted Drumstick Mash &amp; Gravy <i>Dinner Roll</i></b>	<b>Chicken Burrito Bowl <i>Whole Grain Dessert</i></b>	<b>Meatball Sub Sandwich</b>
<i>Oven Baked Fries w/ Ketchup</i>	<i>Baby Carrots</i>	<i>Pinto Bean Salad</i>	<i>Baby Carrots</i>	<i>House Salad w/ Italian</i>
<i>Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Orange</i>	<i>100% Fruit Juice</i>
16	17	18	19	20
<b>Chicken Patty Burger Oven Baked Fries</b>	<b>Cheese Lasagna w/ Tomato Basil Sauce</b>	<b>Build Your Own Turkey Tacos w/ Refried Beans Tortillas</b>	<b>Breakfast for Lunch: Pancake, Chicken Sausage &amp; Seasoned Wedges <i>Syrup</i></b>	<b>Mac &amp; Cheese <i>Whole Grain Dessert</i></b>
<i>Oven Baked Fries w/ Ketchup</i>	<i>Baby Carrots</i>	<i>Jicama &amp; Bean Salad w/ Tajin Dressing</i>	<i>Baby Carrots</i>	<i>Kale &amp; Green Apple Salad w/ Ranch</i>
<i>Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Orange</i>	<i>100% Fruit Juice</i>
23	24	25	26	27
<b>Honey-Mustard Grilled Chicken Sandwich Oven Baked Fries</b>	<b>Turkey Chili w/ Original Popped Chips</b>	<b>Orange Chicken w/ "Not So Fried" Rice</b>	<b>Spaghetti &amp; Meatballs</b>	<b>Hamburger <i>BBQ Popped Chips</i> <i>Ketchup</i></b>
<i>Oven Baked Fries w/ Ketchup</i>	<i>Baby Carrots</i>	<i>Sweet Edamame Salad</i>	<i>Baby Carrots</i>	<i>Lettuce, Tomato &amp; Pickle Kit</i>
<i>Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Orange</i>	<i>100% Fruit Juice</i>
30	31	1	2	3
<b>Beef Hot Dog Oven Baked Fries</b>	<b>Chicken Tamale Mixed Vegetables</b>	<b>Chicken Alfredo Pasta w/ Steamed Broccoli <i>Whole Grain Cookie</i></b>	<b>BBQ Meatballs w/ Seasoned Potato Wedges <i>Dinner Roll</i></b>	<b>Chicken Enchiladas w/ Red Sauce</b>
<i>Oven Baked Fries</i>	<i>Baby Carrots</i>	<i>Tuscan White Bean Salad</i>	<i>Baby Carrots</i>	<i>Mixed Green Salad w/ Ranch</i>
<i>Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Orange</i>	<i>100% Fruit Juice</i>
<small>All entrées served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. Menus are subject to change without notice.</small>				