



# April 2022 Breakfast Menu "A"



Monday	Tuesday	Wednesday	Thursday	Friday
<b>DAILY CEREAL OPTION</b>				
Cereal w/ Granola	Cereal w/ Chocolate Grahams	Cereal w/ Cinnamon Grahams <i>(w/ whole fruit on 4/13)</i>	Cereal w/ Honey Grahams	Cereal w/ Cinnamon Grahams
<b>FEATURED ENTRÉE OF THE DAY</b>				
28	29	30	31	1
<b>Whole Grain Bagel w/ Strawberry Cream Cheese</b>	<b>Mini Blueberry Pancakes</b>	<b>Orange Muffin</b>	<b>Chicken &amp; Waffle Syrup</b>	<b>Apple Empanada</b>
<i>Apple (1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>Banana (1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>Green Apple (1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>100% Fruit Juice (4 oz) &amp; Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) &amp; Whole Fruit (1/2 c)</i>
4	5	6	7	8
<b>Pan Dulce</b>	<b>Bean &amp; Cheese Burrito Hot Sauce</b>	<b>Banana Bread</b>	<b>Egg &amp; Cheese Sandwich</b>	<b>Mango Muffin</b>
<i>Apple (1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>Banana(1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>Green Apple &amp; Whole Fruit (1/2 c)</i>	<i>100% Fruit Juice (4 oz) &amp; Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) &amp; Whole Fruit (1/2 c)</i>
11	12	13	14	15
<b>Cinnamon Delight</b>	<b>Breakfast Cheese Tamale</b>	<b>Fruit Yogurt Parfait Granola</b>	<b>Mini Chocolate Chip Pancakes</b>	<b>Coffee Cake</b>
<i>Apple (1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>Banana (1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>Whole Fruit</i>	<i>100% Fruit Juice (4 oz) &amp; Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) &amp; Whole Fruit (1/2 c)</i>
18	19	20	21	22
<b>Apple Cinnamon Muffin Flat</b>	<b>Mini Maple Pancakes</b>	<b>Mantecada</b>	<b>Pancake &amp; Chicken Tenders Syrup</b>	<b>Pan Dulce</b>
<i>Apple (1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>Banana(1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>Green Apple &amp; Whole Fruit (1/2 c)</i>	<i>100% Fruit Juice (4 oz) &amp; Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) &amp; Whole Fruit (1/2 c)</i>
25	26	27	28	29
<b>Whole Grain Bagel w/ Strawberry Cream Cheese</b>	<b>Mini Blueberry Pancakes</b>	<b>Orange Muffin</b>	<b>Chicken &amp; Waffle Syrup</b>	<b>Apple Empanada</b>
<i>Apple (1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>Banana(1/2 c) &amp; Whole Fruit (1/2 c)</i>	<i>Green Apple &amp; Whole Fruit (1/2 c)</i>	<i>100% Fruit Juice (4 oz) &amp; Whole Fruit (1/2 c)</i>	<i>Apple (1/2 c) &amp; Whole Fruit (1/2 c)</i>
All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. Menus are subject to change without notice.				



# April 2022 K-8 Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEKLY 5 FAVE</b>				
<b>Cheeseburger Oven Baked Fries</b> <i>Ketchup</i>	<b>Cheese Lasagna w/ Tomato Basil Sauce</b>	<b>Beef Nachos</b> <i>w/ Original Popped Chips</i>	<b>Chicken Tamale w/ Carrot Coins</b>	<b>Beef, Bean &amp; Cheese Burrito</b> <i>Hot Sauce</i>
<b>SANDWICH OF THE DAY</b>				
<b>Turkey Salami &amp; Cheese Sandwich</b> <i>Mayonnaise</i> <b>Side of Baked Fries w/ Ketchup</b>	<b>Chicken Salad &amp; Cheese Sandwich</b> <b>Baby Carrots (1/4 c)</b>	<b>Turkey &amp; Cheese Sandwich on French Roll</b> <i>Mayonnaise</i> <b>Nacho Chips w/ Bean Dip</b>	<b>Turkey Bologna &amp; Cheese Sandwich</b> <i>Mayonnaise</i> <b>Fruitable Juice (4 oz)</b>	<b>Turkey &amp; Cheese Sandwich on WG Bun</b> <i>Mayonnaise</i>
<b>ENTRÉE SALAD OF THE DAY</b>				
	<b>Cajun Chicken Salad</b> <i>Original Popped Chips</i>	<b>Chicken Taco Salad</b> <i>Tortilla Chips Ranch Dressing</i>	<b>Buffalo Chicken Salad</b> <i>Wheat Crackers Ranch Dressing</i>	<b>Tuna Salad</b> <i>Dinner Roll Ranch</i>
<b>FEATURED ENTRÉE OF THE DAY</b>				
28	29	30	31	1
<b>Turkey Taco Burger</b> <b>Oven Baked Fries</b> <i>Ketchup</i>	<b>Chicken Noodle Soup</b> <b>w/ Vegetables</b>	<b>Build Your Own Turkey Tacos</b> <b>w/ Refried Beans</b> <b>Tortillas</b>	<b>Chicken Nuggets</b> <b>&amp; Mashed Potatoes</b> <i>Ketchup</i>	<b>Chicken Alfredo Pasta</b> <b>WG Chocolate Chip Cookie</b>
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots 1/2 c</i>	<i>Cucumber w/Tajin 1/4 c</i>	<i>Baby Carrots 1/4 c</i>	<i>House Salad w/ Italian</i>
<i>Green Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>
4	5	6	7	8
<b>Chicken Patty Burger</b> <b>Oven Baked Fries</b> <i>Ketchup</i>	<b>Chicken Enchiladas</b> <b>w/ Creamy Green Salsa</b>	<b>Turkey Chili</b> <i>w/ Original Popped Chips</i>	<b>Breakfast for Lunch:</b> <b>Pancake, Chicken Tenders &amp;</b> <b>Seasoned Wedges</b> <i>Syrup</i>	<b>Mac &amp; Cheese</b> <b>&amp; BBQ Popped Chips</b>
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots 1/2 c</i>	<i>Jicama w/ Tajin 1/4 c</i>	<i>Baby Carrots 1/4 c</i>	<i>Kale &amp; Green Apple Salad w/ Ranch</i>
<i>Green Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>
11	12	13	14	15
<b>Cheeseburger</b> <b>Oven Baked Fries</b> <i>Ketchup</i>	<b>Cheese Lasagna</b> <b>w/ Tomato Basil Sauce</b>	<b>Beef Nachos</b> <i>w/ Original Popped Chips</i>	<b>Chicken Tamale</b> <b>w/ Carrot Coins</b>	<b>Beef, Bean &amp; Cheese Burrito</b> <i>Hot Sauce</i>
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots 1/2 c</i>	<i>Cucumber w/Tajin 1/4 c</i>	<i>Baby Carrots 1/4 c</i>	<i>Mixed Green Salad w/ Ranch</i>
<i>Green Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>
18	19	20	21	22
<b>Beef Hot Dog</b> <b>Oven Baked Fries</b> <b>Ketchup</b>	<b>Chicken Teriyaki</b> <b>w/ Not So Fried Rice</b>	<b>Chicken Fajitas</b> <b>w/ Peppers &amp; Refried Beans</b> <b>Tortillas</b>	<b>BBQ Meatballs</b> <b>w/ Seasoned Wedges</b> <b>&amp; WG Corn Muffin</b>	<b>Chicken Parmesan Sandwich</b>
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots 1/2 c</i>	<i>Jicama w/ Tajin 1/4 c</i>	<i>Baby Carrots 1/4 c</i>	<i>House Salad w/ Italian</i>
<i>Green Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>
25	26	27	28	29
<b>Turkey Taco Burger</b> <b>Oven Baked Fries</b> <i>Ketchup</i>	<b>Chicken Alfredo Pasta</b> <i>w/ Broccoli</i>	<b>Chicken Tinga</b> <b>w/ Black Beans &amp; Rice</b> <i>w/ Nacho Popped Chips</i>	<b>Chicken Nuggets</b> <b>Mashed Potatoes</b> <i>Ketchup</i>	<b>Hamburger</b> <i>WG Cookie</i> <i>Ketchup</i>
<i>Oven Baked Fries in Meal</i>	<i>Baby Carrots (1/2 c)</i>	<i>Cucumber w/Tajin</i>	<i>Baby Carrots 1/4 c</i>	<i>Lettuce, Tomato &amp; Pickle Kit</i>
<i>Green Apple</i>	<i>100% Fruit Juice</i>	<i>Banana</i>	<i>Pear</i>	<i>Orange</i>
<b>All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. Menus are subject to change without notice.</b>				